

## **Having difficulty getting to see a GP? The following services may help.....**

### **Sheffield Walk-in Centre**

Open 8am – 10pm 365 days per year

75 Broad Lane

Sheffield S1 3PB

Telephone 0114 241 2700

### **Pharmacy minor ailments scheme:**

Pharmacists can dispense medications for a number of minor ailments. Details are available at <http://www.nhs.uk/Livewell/Pharmacy/Pages/Yourpharmacy.aspx>

### **NHS choices website:**

[www.nhs.uk](http://www.nhs.uk)

Offers lots of useful information about the management of health conditions.

### **Extended hours surgeries for those who work:**

We run surgeries outside normal surgery hours, for pre-booked appointments only.

They get quite booked up so may not be useful for an urgent problem but may be helpful for long term health problems or less urgent issues. The hours are as follows:

- From 7.10am on Thursday mornings
- Until 7.00pm on a Monday evening
- Between 8.10 and 10.00am on a Saturday morning

### **Telephone consultations:**

If you feel your problem could be dealt with by phone, telephone reception to ask for a call back from the duty doctor. You will need to be available by phone during that day. The doctor will call you back, discuss your problem and if necessary prescribe appropriate treatment. If, after discussion, it is clear that you need to be seen, the doctor will arrange an appointment.

### **Online consultations:**

You can get advice and, if necessary, a GP opinion by logging on to the online GP system. Log onto the surgery website at [www.richmondmedicalcentre.co.uk](http://www.richmondmedicalcentre.co.uk) and click on “consult online”. You will be asked to fill out a questionnaire. You may be directed to online information to help with your problem or, if necessary, your query will be forwarded to one of Richmond Medical Centre’s GPs.